

Healthy Thinking Center

at Stress Management & Mental Health Clinics

2514 SOUTH 102ND STREET, SUITE 275

(414) 329-7000

WEST ALLIS, WISCONSIN

Positive Psychology and High Performance



John Weaver, Psy.D., Psychologist

The science of positive psychology can guide you toward practical actions you can take that will help you free yourself from unproductive ruminations, improve your ability to solve problems, draw out your creativity, and sustain your efforts over the long term. Join me for a walk through the strategies that research has validated that will help you perform at a higher level.

Thursday, March 12

7:00 – 8:00 PM

Please call us at (414) 329-7000 or stop in at any of our three locations to register for this FREE presentation.